

# Preventative Hinge Maintenance Guide

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This guide is designed to help customers, building managers, installers, and end users properly maintain their door hinges, ensuring smooth and reliable door operation. Regular maintenance helps prevent issues such as door sagging, binding, misalignment, excessive wear, and improper closing, while ensuring hinges continue to support the door and perform as intended.

## General Information

Hinges are critical load-bearing components of a door system and directly affect door performance, alignment, and safety. Their function is to support the weight of the door while allowing smooth and controlled movement. Over time, daily operation, environmental conditions, and structural movement of the building can impact hinge performance.

Proper door and frame alignment plays a major role in hinge operation. If a door becomes misaligned due to building settlement, loose screws, or frame distortion, hinges may be subjected to side loads or improper loading conditions. This can result in increased friction, premature wear, reduced service life, and in the case of spring hinges, loss of proper closing function.

Spring hinges are particularly sensitive to misalignment and friction. Door seals, drop seals, and installation inaccuracies can affect the closing force and prevent proper latching. Routine inspection and maintenance help ensure hinges continue to operate efficiently, safely, and in compliance with applicable standards.

## Maintenance Frequency

Hinges should be inspected and maintained at least every spring or twice per year. More frequent maintenance may be required under the following conditions:

- High traffic doors (schools, hospitals, commercial entrances).
- Exterior doors exposed to moisture, weather, or corrosive environments.
- Environments with dust, debris, or contaminants.
- Heavyweight doors.
- Doors that indicate sagging issues or are experiencing alignment issues.

If looseness, door sag, or abnormal operation is observed, maintenance should be performed immediately. Continued operation under improper conditions may result in hinge damage, reduced performance, and possible failure of door operation.

## Maintenance Checks

Maintenance checks on hinges may range from basic visual inspections to more technical adjustments. While some checks can be performed by maintenance personnel, structural or alignment corrections, especially on heavyweight doors, may require a qualified door and hardware professional.

- Ensure the door opens and closes freely without binding, rubbing, or resistance.
- Verify the door is level and properly aligned within the frame.
- Check for a consistent gap around the door perimeter.
- Confirm hinges are properly aligned vertically and correspond to matching locations on door and frame.
- Inspect hinge leaves, knuckles, and pins for wear, deformation, or damage.
- Verify that all mounting screws are secure and not stripped or damaged.
- Ensure hinge screws are appropriate for the door and frame material (machine screws, wood screws, or through-bolts as applicable).
- Check for excessive friction during operation (noise, resistance, uneven movement).
- Confirm that hinges are of the correct type, size, and swaging (no mixing of hinge types or specifications).
- Verify the door does not sag, drop, or shift during operation.

For spring hinges:

- Confirm the door closes fully and latches consistently.
- Verify closing force is sufficient without causing door slamming.
- Check that adjustment pins and tension settings are secure.

Improper installation conditions to identify:

- Door not level
- Inconsistent gap around the door.
- Hinges misaligned between frame and door.
- Incorrect hinge selection or mixed hinge types.
- Damaged screw threads or heads.

## Applicable Hinge Types

- Standard butt hinges (plain bearing).
- Ball bearing hinges (standard or heavy duty).
- Spring/self-closing hinges.
- Full mortise, half mortise, and surface-mounted hinges.
- All applicable hinge sizes, materials, and finishes.

## References

Refer to the list of hinges and any applicable installation instructions and templates: [Hinges - DOREX](#)

## Maintenance Steps

Depending on the hinge type and application, different maintenance steps apply.

- 1) Standard and Ball Bearing Hinges
  - a) Remove any visible debris or contamination from hinge surfaces
  - b) Apply a small amount of non-sticky lubricant
    - i) Use lithium grease on hinge pins.
    - ii) Avoid oil-based lubricants as they attract dust and debris.
    - iii) Clean right away any excess liquid running down from the hinge on the door and frame.
  - c) Operate the door to distribute lubricant evenly.
  - d) Verify all hinge leaves are properly aligned and seated flush with the door and frame.
  - e) Tighten all mounting screws using hand tools only.
  - f) Confirm that hinge leaves are not distorted and pins are secure.
  - g) Test the door operation multiple times to confirm:
    - i) Smooth movement
    - ii) No noise or binding. The maximum force to open or close a door with no closing device is approximately 0.5 lb, measured just above the door handle.
    - iii) Stable door positioning. Operate the door with no closing device connected and verify that the door stays in any position. If the door closes or opens on its own, that means that the door mounting is not balanced.

## 2) Spring Hinges

- a) Inspect hinges for proper installation location (middle / bottom positions when multiple hinges are used)
- b) Check closing operation:
  - i) The door must be opened at least 70° and let it close and latch.
  - ii) Door must close fully and latch reliably
  - iii) Closing force must be balanced (not too weak or excessive)
  - iv) The closing force on doors with spring hinges must be at least 1.5 lb, measured at 30" from the hinges. (The opening force could be 2 to 3 lbs.)
- c) Adjust spring tension using the adjustment pin system:
  - i) Refer to the spring adjustment instructions supplied with the spring hinges or refer to our website documentation for the appropriate Spring Hinge model.
  - ii) Use recommended pin engagement (typically 3-5 holes)
  - iii) Verify adjustment locks properly after the door is opened at least 70°
- d) Confirm hinges are not overloaded:
  - i) Load should not exceed ~75% of rated capacity for a longer useful life.
  - ii) Overloading of the spring to overcome other closing resistance forces will adversely affect and damage the hinge spring mechanism.
- e) Ensure hinges are not subjected to side or vertical loads. Looking at the hinge knuckles, notice the distortion.
- f) Check interaction with:
  - i) Door seals. The door may not latch properly if the door or frame seals require extra force to be compressed and allow the door lock to latch.
  - ii) Drop seals at the door bottom. The drop seals are activated by a pin projected on the hinge side door edge, which comes into contact with the frame, and it is depressed when the door is closed, allowing the door bottom seal to drop. Inappropriate adjustment of the pin may prevent the door from closing.
  - iii) Frame clearances (applicable to all hinges). The minimum gap between the door and the frame on the hinges side is 1/16". The minimum gap between the top of the door edge and the frame and between the door lock edge and the frame is at least 1/8", while a minimum 1/16" gap can still allow the door to close properly.
- g) Test multiple cycles to verify consistent closing.

## Structural and Alignment Corrections

- 1) Verify door alignment within the frame.
- 2) Check for door sag caused by:
  - a) Loose hinge screws.
  - b) Worn hinges.
  - c) Frame deformation.
- 3) Tighten or replace hinge screws as required.
- 4) If misalignment persists:
  - a) Adjust door position
  - b) Replace hinges if worn or undersized. Exterior door hinges are recommended to be replaced when they show signs of wear or distortion. If frame distortion or major alignment issues are present, contact a qualified door professional.

## Testing the Hinge and Door Operation

- Confirm the door opens and closes smoothly without interference.
- Ensure consistent movement with no binding or excessive friction.
- Verify hinges maintain proper door alignment throughout the full swing.
- For spring hinges, confirm:
  - Door closes completely
  - Latch engages correctly
- If issues persist (binding, sagging, poor closing), corrective action must be taken before continued use.

## Cleaning the Hinge

Hinges with plated or coated finishes (chrome, nickel, powder coated) should be cleaned regularly using a soft cloth, Mild soap and a water solution.

Rinse with clean water and dry immediately. Avoid abrasive cleaners or cloths that may damage the finish. Ensure no excessive liquid enters hinge joints or pin areas during cleaning.

Do not apply paint directly to hinges or allow overspray into knuckles or pin areas. Any paint, chemicals, or harsh substances should be removed quickly to prevent deterioration of the finish or impairment of hinge operation. Hinges with buildup or restricted movement must be cleaned or replaced to maintain proper performance.

For stainless steel hardware, refer to the [DOREX Stainless Steel Care & Maintenance Guide](#).